GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:199
ANSWERED ON:03.12.2003
IODINE DEFICIENCY
MOINUL HASSAN AHAMED

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether ten per cent Indians suffer from bloated thyroid due to iodine deficiency;

(b) if so, the percentage of people suffering from bloated thyroid during 1980s and 90s;

(c) whether consumption of iodised salt has any effect in reducing iodine deficiency; and

(d) if so, the details thereof?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI A. RAJA)

(a) to (d) As per surveys conducted in 316 districts covering all the States/UTs, the prevalence of goitre/Iodine Deficiency Disorders in 254 districts was found to be more than 10% of the population. The resurvey studies conducted after consumption of iodized salt in certain districts have demonstrated significant reduction in prevalence of goitre/Iodine Deficiency Disorders. Iodized salt is considered to be very effective in controlling the problem of goitre/Iodine Deficiency Disorders.